

Monthly Return of Equity Issuer on Movements in Securities

For the month ended (dd/mm/yyyy) :	30/11/2019	
To : Hong Kong Exchanges a	nd Clearing Limited	
Name of Issuer Date Submitted	My Heart Bodibra Group Limit 05/12/2019	ed
I. Movements in Authorised S	hare Capital	
1. Ordinary Shares		
(1) Stock code : <u>8297</u>	Description : Ordinary Shares	5
	No. of ordinary Par va shares <i>(HK</i>	•
Balance at close of preceding	month 4,000,000,000	0.01 40,000,000
Increase/(decrease)	NIL	NIL
Balance at close of the month	4,000,000,000	0.01 40,000,000
(2) Stock code : N/A	Description :	
	Par va No. of ordinary (Sta shares curre	nte capital
Balance at close of preceding	month	
Increase/(decrease)		
Balance at close of the month		

2. Preterence Snares			
Stock code : N/A Descript	tion :		
	No. of preference shares	Par value (State currency)	capital
Balance at close of preceding month _			
Increase/(decrease)		-	
Balance at close of the month			
3. Other Classes of Shares			
Stock code : <u>N/A</u> Descript	tion :		
	No. of other classes of shares	Par value (State currency)	capital
Balance at close of preceding month _			
Increase/(decrease)		-	
Balance at close of the month _			
Total authorised share capital at the en (HK\$):	nd of the month		40,000,000

II. Movements in Issued Share Capital

	No. of ordina	ry shares	No of preference	No. of other
	(1)	(2)	shares	classes of shares
Balance at close of preceding month	480,000,000	N/A	N/A	N/A
Increase/ (decrease) during the month	NIL _	N/A	N/A	N/A
Balance at close of the month	480,000,000	N/A	N/A	<u>N/A</u>

III. Details of Movements in Issued Share Capital

Share Options (under Share Option Schemes of the Issuer) No. of new shares of No. of new shares of Particulars of share option issuer issued during issuer which may be scheme the month pursuant issued pursuant thereto thereto as at close of including EGM Movement during the month approval date the month (dd/mm/yyyy) and class of shares issuable Granted Exercised Cancelled Lapsed 1. Share Option Scheme (19/06/2017) Ordinary shares (Note 1) 2. N/A shares (Note 1) 3. N/A shares (Note 1) Total A. (Ordinary shares) NIL (Preference shares) N/A (Other class) N/A Total funds raised during the month from exercise of options (State currency) NIL

Warrants to Issue Shares of the	e Issuer which	are to be Liste	d			
Description of warrants (Date of expiry - dd/mm/yyyy)	Currency of nominal value	Nominal value at close of preceding month	e Exercised during the month	Nominal value at close of the month	No. of new shares of issuer issued during the month pursuant thereto	No. of new shares of issuer which may be issued pursuant thereto as at close of the month
1. N/A						
Subscription price			<u> </u>			
EGM approval date (if applicable) (dd/mm/yyyy) 2. N/A	(/ /)	_			
(/ /) Stock code (if listed)				·		
Class of shares			_			
issuable (Note 1)			<u> </u>			
Subscription price			<u> </u>			
EGM approval date (if applicable) (dd/mm/yyyy)	(/ /)	_			
3. N/A						
(/ /) Stock code (if listed) Class of shares			_	·		_
issuable (Note 1)						
Subscription price			_			
EGM approval date (if applicable)						
`	(/ /)				
4. N/A	\	,				
(/ /) Stock code (if listed) Class of shares			_			
0 1			_			
Subscription price EGM approval date			_			
(if applicable) (dd/mm/yyyy)	(/ /)	_			
		Total	B. (Ordina	ary shares) N/A		
		iotai		nce shares) N/A		=
				Other class) N/A		_

Convertibles (i.e. Convertible	into Shares of t	he Issuer whic	ch are to be List	ed)		
Class and description	Currency of amount outstanding	Amount at close of preceding month	Converted during the month	Amount at close of the month	No. of new shares of issuer issued during the month pursuant thereto	No. of new shares of issuer which may be issued pursuant thereto as at close of the month
1. N/A	<u></u>					
	_ _					
Stock code (if listed) Class of shares issuable (Note 1) Subscription price						
EGM approval date (if applicable) (dd/mm/yyyy))	(/ /)					
2. N/A	_ _ _					
Stock code (if listed) Class of shares issuable (Note 1) Subscription price						
EGM approval date (if applicable) (dd/mm/yyyy) 3. N/A	(/ /) _ _					
Stock code (if listed)	_ 					
Class of shares issuable (Note 1) Subscription price						
EGM approval date (if applicable)	(/ /)					
	_ _					
Stock code (if listed) Class of shares issuable (Note 1) Subscription price						
EGM approval date (if applicable) (dd/mm/yyyy)	(/ /)					
				ary shares) <u>N/A</u> ce shares) <u>N/A</u> ther class) <u>N/A</u>	1	- -

Any other Agreements or Arrangements to Issue Shares of the Issuer which are to be Listed, including Options (other than under Share Option Schemes)

Full particulars including EGM approval date (dd/mm/yyyy), if applicable, and class of shares issuable:	No. of new shares of issuer issued during the month pursuant thereto	No. of new shares of issuer which may be issued pursuant thereto as at close of the month
1. <u>N/A</u>		
shares (Note 1)		-
2. N/A		
shares (Note 1)		
3. <u>N/A</u>		
(/ /)		
shares (Note 1)		-
Total D. (Ordinary shares)	N/A	
(Preference shares)	N/A	•
(Other class)	N/A	•

Type of Issue	Otl	her Movements	in Issued Sha	are Capital_					
Class of shares N/A issuable (Note 1)								No. of new shares of issuer issued during the month pursuant thereto	No. of new shares of issuer which may be issued pursuant thereto as a close of the month
1. Rights issue At price: State currency		.,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,				<u>N/A</u>			
Class of shares N/A issuable (Note 1) 2. Open offer At price: State currency Class of shares N/A issuable (Note 1) Issue and allotment date: (dd/mm/yyyy) EGM approval date: (dd/mm/yyyy) N/A Class of shares N/A issuable (Note 1) Issue and allotment date: (dd/mm/yyyy) EGM approval date: (dd/mm/yyyy) EGM approval date: (/ / /) Class of shares N/A issuable (Note 1) N/A Class of shares N/A issuable (Note 1) Issue and allotment date: (dd/mm/yyyy) N/A Class of shares N/A issuable (Note 1) EGM approval date: (/ / /) Issue and allotment date: (dd/mm/yyyy) EGM approval date: (dd/mm/yyyy)	1.	Rights issue	At price :		Issue and allotment	(/ /)		
Class of shares N/A issuable (Note 1) 2. Open offer At price: State currency State currency Class of shares N/A issue and allotment date: (dd/mm/yyyy) Class of shares N/A issuable (Note 1) 3. Placing At price: State currency Class of shares N/A issuable (Note 1) Issue and allotment (/ /) date: (dd/mm/yyyy) EGM approval date: (/ /) (dd/mm/yyyy) N/A Class of shares N/A issuable (Note 1) (dd/mm/yyyy) N/A 4. Bonus issue					EGM approval date: (dd/mm/yyyy)	(/ /)		
issuable (Note 1) 2. Open offer At price: State currency State currency								N/A	N/A
Class of shares N/A issue and allotment (dd/mm/yyyy) Class of shares N/A issue and allotment (dd/mm/yyyy) EGM approval date: (dd/mm/yyyy) Class of shares N/A issue and allotment (/ /) EGM approval date: (/ /) EGM approval date: (/ /) Class of shares N/A issue and allotment (/ /) EGM approval date: (/ /) Issue and allotment (/ /) EGM approval date: (/ /) Issue and allotment date: (/ /) EGM approval date: (/ /)				State	issuable (Note 1))		
Class of shares N/A issuable (Note 1) 3. Placing At price: State Issue and allotment date: (dd/mm/yyyy) EGM approval date: (/ /) (dd/mm/yyyy) Class of shares N/A issuable (Note 1) Visue and allotment date: (/ /) Issue and allotment date: (/ /) EGM approval date: (/ /)	2.	Open offer	At price :		date : (dd/mm/yyyy)	(/ /)		
issuable (Note 1) 3. Placing At price: State currency Issue and allotment date: (dd/mm/yyyy) EGM approval date: (/ / /) (dd/mm/yyyy) Class of shares N/A issuable (Note 1) Issue and allotment date: (dd/mm/yyyy) EGM approval date: (dd/mm/yyyy) Issue and allotment date: (dd/mm/yyyy)					EGM approval date: (dd/mm/yyyy)			N/A	N/A
Class of shares N/A issuable (Note 1) 4. Bonus issue Class and allotment date: (dd/mm/yyyy) EGM approval date: (dd/mm/yyyy) (/ /) EGM approval date: (dd/mm/yyyy)						<u>N/A</u>			
Class of shares N/A issuable (Note 1) 4. Bonus issue Sometimes of shares	3.	Placing	At price :		Issue and allotment date : (dd/mm/yyyy)	(/ /)		
Class of shares N/A issuable (Note 1) (/ /) 4. Bonus issue Second State						(/ /)	NI/A	NI/A
issuable (Note 1) 4. Bonus issue Issue and allotment date: (dd/mm/yyyy) EGM approval date: (dd/mm/yyyy)								<u>IN/A</u>	<u>N/A</u>
4. Bonus issue Issue and allotment date: (dd/mm/yyyy)									
EGM approval date: (dd/mm/yyyy)	4.	Bonus issue			Issue and allotment				
N/A					EGM approval date:	(/ /)		
					(~			N/A	N/A

	Type of Issue					No. of new shares of issuer issued during the month pursuant thereto	No. of new shares of issuer which may be issued pursuant thereto as at close of the month
5.	Scrip dividend	At price :	State currency———	Class of shares issuable (Note 1) Issue and allotment date: (dd/mm/yyyy) EGM approval date: (dd/mm/yyyy)	<u>N/A</u> (/ /)		N/A
6.	Repurchase of			Class of shares repurchased (Note 1) Cancellation date:	<u>N/A</u>)	
	shares			(dd/mm/yyyy) EGM approval date: (dd/mm/yyyy)	(/ /		N/A
				Class of shares redeemed (Note 1)	<u>N/A</u>		
7.	Redemption of shares			Redemption date : (dd/mm/yyyy)	(/ /)	
				EGM approval date: (dd/mm/yyyy)	(/ /	N/A	N/A
				Class of shares issuable (Note 1)	N/A		
8.	Consideration issue	At price :	State currency———	Issue and allotment date : (dd/mm/yyyy)	(/ /)	
				EGM approval date: (dd/mm/yyyy)	(/ /)	
				(GG/11111111111111111111111111111111111		N/A	N/A

	Type of Issue		c	lo. of new shares of issuer issued during the month pursuant thereto	No. of new shares of issuer which may be issued pursuant thereto as at close of the month
		Class of shares <u>N/A</u> issuable (<i>Note 1</i>)			
9.	Capital reorganisation	Issue and allotment (/ /) date : (dd/mm/yyyy)			
		EGM approval date: (/ /) (dd/mm/yyyy)		N/A	N/A
		Class of shares <u>N/A</u> issuable (<i>Note 1</i>)			
10.	Other (Please specify) At price : State currency	Issue and allotment (/ /) date : (dd/mm/yyyy)			
		EGM approval date: (/ /) (dd/mm/yyyy)		N/A	N/A
		Total E. (Ordina share (Preference share (Other clas	es) es)	N/A	
		(Other state		14// (-
To	otal increase / (decrease) in ordinary shares dur	ing the month (i.e. Total of A to E):	(1)	NIL	
			(2)	N/A	
То	otal increase / (decrease) in preference shares o	during the month (i.e. Total of A to E):	•	N/A	
	otal increase / (decrease) in other classes of sha	ares during the month (i.e. Total of A	to	N/A	
	_] . These figures should be the same as the relevan apital").)	nt figures under II above ("Movement	s in	Issued St	nare

IV. Confirmations

We hereby confirm to the best knowledge, information and belief that, in relation to each of the securities issued by the issuer during the month as set out in Part III which has not been previously disclosed in a return published under rule 17.27A, it has been duly authorized by the board of directors of the listed issuer and, insofar as applicable:

(Note 2)

- (i) all money due to the listed issuer in respect of the issue of securities has been received by it;
- (ii) all pre-conditions for listing imposed by the Rules Governing the Listing of Securities on GEM of The Stock Exchange of Hong Kong Limited under "Qualifications of listing" have been fulfilled;
- (iii) all (if any) conditions contained in the formal letter granting listing of and permission to deal in the

	securities have been fulfilled;
(iv)	all the securities of each class are in all respects identical (Note 3);
(v)	all documents required by the Companies (Winding Up and Miscellaneous Provisions) Ordinance to be filed with the Registrar of Companies have been duly filed and that compliance has been made with other legal requirements;
(vi)	all the definitive documents of title have been delivered/are ready to be delivered/are being prepared and will be delivered in accordance with the terms of issue;
(vii)	completion has taken place of the purchase by the issuer of all property shown in the listing document to have been purchased or agreed to be purchased by it and the purchase consideration for all such property has been duly satisfied; and
(viii)	the trust deed/deed poll relating to the debenture, loan stock, notes or bonds has been completed and executed, and particulars thereof, if so required by law, have been filed with the Registrar of Companies.
	ks (if any):
Submit	ted by:Tam Chak Chi
Title:	Executive Director (Director, Secretary or other duly authorised officer)

Notes:

- 1. State the class of shares (e.g. ordinary, preference or other).
- 2. Items (i) to (viii) are suggested forms of confirmation which may be amended to meet individual cases. Where the issuer has already made the relevant confirmations in a return published under rule 17.27A in relation to the securities issued, no further confirmation is required to be made in this return.
- 3. "Identical" means in this context:
 - the securities are of the same nominal value with the same amount called up or paid up;
 - they are entitled to dividend/interest at the same rate and for the same period, so that at the next ensuing distribution, the dividend/interest payable per unit will amount to exactly the same sum (gross and net); and
 - they carry the same rights as to unrestricted transfer, attendance and voting at meetings and rank pari passu in all other respects.
- 4. If there is insufficient space, please append the prescribed continuation sheet.